

specialty smoothies

satisfying nutrition with protein, fiber, and/or real whole foods (may contain milk)
 sml \$5.99 | med \$6.99 | lrg \$7.49



AÇAÍ SUPER ANTIOXIDANT™
 açaí • blueberry • strawberry •
 raspberry • soymilk
 + Daily Vitamin + Zinc Boost™
 cal: 260 • 380 • 490



KALE-RIBBEAN BREEZE™
 kale • mango • passion fruit •
 + Greek yogurt + chia seeds
 cal: 320 • 410 • 500
 protein: 10g • 10g • 11g



AMAZING GREENS™
 kale • lemon • peaches •
 bananas • pumpkin seeds
 cal: 420 • 500 • 610
 protein: 11g • 12g • 13g



PROTEIN BERRY WORKOUT™
 strawberry • banana •
 soymilk + Protein Boost™
 cal w/ soy: 290 • 390 • 460
 cal w/ whey: 290 • 380 • 450



PB CHOCOLATE LOVE™
 banana • peanut butter •
 chocolate mochi
 cal: 420 • 610 • 810
 protein: 12g • 17g • 22g



COOKIES 'N CRÈME PROTEIN™
 milk • crème filled chocolate
 cookies • banana
 + Whey Protein Boost™
 cal: 480 • 590 • 700
 protein: 28g • 31g • 34g



ORANGE C-BOOSTER™
 orange • peach • banana
 + Daily Vitamin + Zinc Boost™
 cal: 270 • 340 • 450



PB & BANANA PROTEIN™
 milk • banana • peanut butter •
 honey + Whey Protein Boost™
 cal: 490 • 570 • 740
 protein: 32g • 34g • 39g

add a boost to any smoothie

\$1.00

PUMPKIN SEEDS
 cal: 130

KALE
 cal: 20

CHIA SEEDS
 cal: 35

LEAN BALANCE
 cal: 100
 contains milk, soy

GREEK YOGURT
 cal: 25
 contains milk

PITAYA PARADISE™
 pitaya • pineapple • mango
 • banana • chia seeds •
 pineapple juice • granola •
 coconut • honey
 (contains tree nuts)
 cal: 460

AÇAÍ BLISS™
 açaí juice • soymilk •
 strawberry • blueberry •
 banana • granola •
 coconut • honey
 (contains tree nuts, soy)
 cal: 470

NUTTY STRAWBERRY™
 strawberry •
 peanut butter •
 Greek yogurt • soymilk •
 banana • granola
 (contains milk, soy, peanuts)
 cal: 580

ENERGY BOWLS™

#BOWLGOALS

NUTRIENT -
 DENSE
 MEAL
 MAKEOVER

AÇAÍ BLISS™



lrg \$7.99



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